

HORMONE HAPPINESS

Dr. González reviews the principles of hormones and the role they play in aging and functional health. The emphasis is PRACTICAL application of real world, current evidence and experienced based information that you can apply immediately and directly into your practice. Each physician will have their own hormone evaluation as part of this training. This will elevate your practical application of HRT to your patients.

TOPICS:

- Adrenal Health in a Stressful World
- Laboratory "Normals" vs "Optimals"
- Estrogen/Progesterone Replacement: po vs TD
- Thyroid, Estrogen, Cortisol and Cholesterol
- Not Everybody Needs Vitamin D
- Testosterone Replacement: Men and Women
- Protect your License and Practice
- Advancing Medicine with Food/Nutrients

HORMONE HAPPINESS

A Provider's Guide to the Basics of Hormone Evaluation and Therapy: A Practical 2-Day Preceptorship

Individual or Small Group Instruction
directed to providers interested in
understanding hormone evaluation in a
primary or specialty health care practice.

November 9-10, 2018

Silver Spring, MD

with

Benjamin S. González, MD

Phone: 301.622.2722

www.AtlantisMedCenter.com

LEARNING OBJECTIVES

- Review current HRT Literature and Case Studies
- Understand the thyroid role beyond weight and how it interacts with estrogen, cortisol and cholesterol
- HRT as a Disease Prevention Tool
- Emphasis on diabetes, insulin resistance, metabolic syndrome and adrenal health
- Hormones and Cognitive Decline
- Discuss Estrogen role in Heart Disease and Alzheimer's Prevention
- Review Testosterone optimization in women and men
- Review and discuss laboratory interpretation parameters
- Discuss Medical-Legal Considerations

SEE PATIENTS AND APPLY KNOWLEDGE!

THIS IS NOT A SPONSORED SEMINAR

You will get individualized teaching and attention, practical application of the subject, and an individual functional and lab analysis at this seminar



BENJAMIN S. GONZÁLEZ, MD

Dr. González is an Integrative and Functional Health Provider professionally born out of the necessity to optimize patient care. He earned his M.D. from the University of Arizona College of Medicine and practiced as one of our U. S. Military's leading emergency medicine and trauma physicians. He taught medicine at Walter Reed Army Medical Center and Penn State Hershey Medical Center and served as chief of the largest emergency and trauma service in the Iraq War.

Dr.G specializes in metabolism and obesity medicine. Recognizing the need for an emphasis in disease prevention rather than waiting for disease to occur, he founded the Atlantis Medical Wellness Center where he has developed and honed a systems-based medical practice focused on optimizing an individual's health.

As a Black Belt in Karate, Tae Kwon Do, and Kung Fu, a concert violinist, pilot, linguist, and teacher of these skills he is not only a true "Renaissance Man," but Dr. González is a "Renaissance Man's" doctor skilled in treating a wide range of medical conditions. He emphasizes an overall optimal and functional approach to an individual's health at any age. Teaching is his passion.

Dr. González teaches other health care providers the skills to integrate both evidence based medicine and experience based medicine.

REGISTRATION INFORMATION

November 9th, 2018 8:30 am – 5:00 pm
November 10th, 2018 9:30 am – 2:00 pm

| SIGN UP FOR | Before 10/25/18 | After 10/25/18 |
|--|---------------------------|--------------------------|
| <input type="checkbox"/> Health Care Provider | \$1495 | \$1175 |
| <input type="checkbox"/> Staff | \$895 | \$775 |
| <input type="checkbox"/> Student | \$450 | \$395 |

- 50% refund If cancellation 2 weeks prior to seminar
- No Refund after 2 weeks or No-Show

LUNCH WILL BE PROVIDED.

Name _____

Address _____

Phone _____

E-mail _____

METHOD OF PAYMENT

- Check Mastercard
- Bill Me American Express
- Visa

Make checks payable to Atlantis Medical

Credit Card No. _____ Expiration Date _____

Signature _____

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