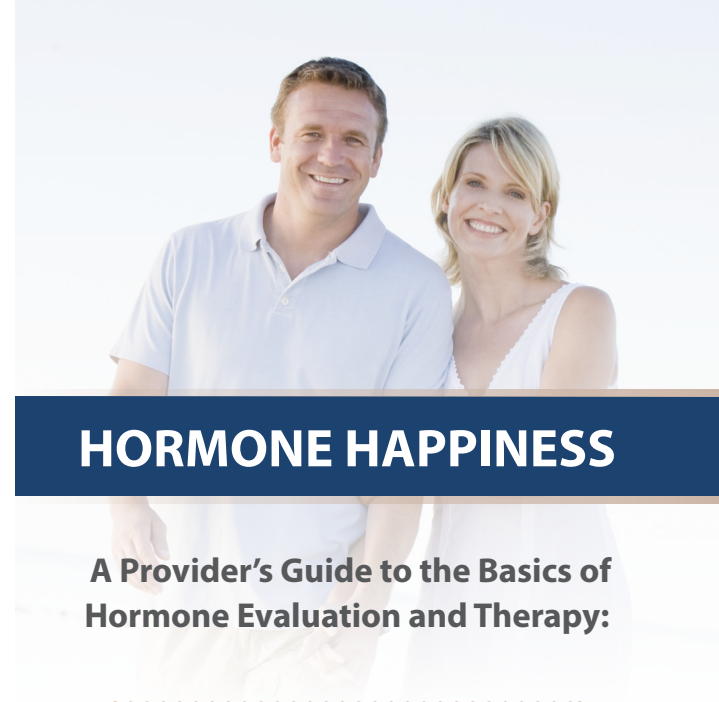


**HORMONE HAPPINESS**

Dr. González reviews the principles of hormones and the role they play in aging and functional health. The emphasis is PRACTICAL application of real world, current evidence and experienced based information that you can apply immediately and directly into your practice. Each physician will have their own hormone evaluation as part of this training. This will elevate your practical application of HRT to your patients.

**TOPICS:**

- Adrenal Health in a Stressful World
- Laboratory "Normals" vs "Optimals"
- Estrogen/Progesterone Replacement: po vs TD
- Thyroid, Estrogen, Cortisol and Cholesterol
- Not Everybody Needs Vitamin D
- Testosterone Replacement: Men and Women
- Protect your License and Practice
- Advancing Medicine with Food/Nutrients



**HORMONE HAPPINESS**

**A Provider's Guide to the Basics of Hormone Evaluation and Therapy:**

Individual or Small Group Instruction directed to providers interested in understanding hormone evaluation in a primary or specialty health care practice.

**June 21st and 22nd, 2019**  
*Silver Spring, MD*

with  
**Benjamin S. González, MD**  
**Phone: 301.622.2722**

[www.AtlantisMedCenter.com](http://www.AtlantisMedCenter.com)

## LEARNING OBJECTIVES

- Review current HRT Literature and Case Studies
- Understand the thyroid role beyond weight and how it interacts with estrogen, cortisol and cholesterol
- HRT as a Disease Prevention Tool
- Emphasis on diabetes, insulin resistance, metabolic syndrome and adrenal health
- Hormones and Cognitive Decline
- Discuss Estrogen role in Heart Disease and Alzheimer's Prevention
- Review Testosterone optimization in women and men
- Review and discuss laboratory interpretation parameters
- Discuss Medical-Legal Considerations

## SEE PATIENTS AND APPLY KNOWLEDGE!

## THIS IS NOT A SPONSORED SEMINAR

\*\*You will get individualized teaching and attention, practical application of the subject, and an individual functional and lab analysis at this seminar\*\*

\*\*\*\*\*



**BENJAMIN S. GONZÁLEZ, MD**

Dr. González is an Integrative and Functional Health Provider professionally born out of the necessity to optimize patient care. He earned his M.D. from the University of Arizona College of Medicine and practiced as one of our U. S. Military's leading emergency medicine and trauma physicians. He taught medicine at Walter Reed Army Medical Center and Penn State Hershey Medical Center and served as chief of the largest emergency and trauma service in the Iraq War.

Dr.G specializes in metabolism and obesity medicine. Recognizing the need for an emphasis in disease prevention rather than waiting for disease to occur, he founded the Atlantis Medical Wellness Center where he has developed and honed a systems-based medical practice focused on optimizing an individual's health.

As a Black Belt in Karate, Tae Kwon Do, and Kung Fu, a concert violinist, pilot, linguist, and teacher of these skills he is not only a true "Renaissance Man," but Dr. González is a "Renaissance Man's" doctor skilled in treating a wide range of medical conditions. He emphasizes an overall optimal and functional approach to an individual's health at any age. Teaching is his passion.

Dr. González teaches other health care providers the skills to integrate both evidence based medicine and experience based medicine.

## REGISTRATION INFORMATION

June 21, 2019 8:30 am – 5:00 pm

June 22, 2019 8:30 am – 11:30 am

### SIGN UP FOR

**Before 6/1/19**

- |  |         |
|--|---------|
| <input type="checkbox"/> <b>Health Care Provider</b> | \$1,495 |
| <input type="checkbox"/> <b>Staff</b>                | \$895   |
| <input type="checkbox"/> <b>Student</b>              | \$450   |

- 50% refund If cancellation 2 weeks prior to seminar
- No Refund after 2 weeks or No-Show

### LUNCH WILL BE PROVIDED.

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

E-mail \_\_\_\_\_

### METHOD OF PAYMENT

- |                                  |   |
|----------------------------------|---|
| <input type="checkbox"/> Check   | <input type="checkbox"/> MasterCard       |
| <input type="checkbox"/> Bill Me | <input type="checkbox"/> American Express |
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*Make checks payable to Atlantis Medical*

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## ATLANTIS MEDICAL WELLNESS CENTER

12200 Tech Rd., Suite 102

Silver Spring, MD 20904

Phone: 301.622.2722

Fax: 301.622.2788

E-mail: info@AtlantisMedCenter.com